Psalm of Life

Slowing down

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Submitted May 10, 2018. Accepted for publication May 11, 2018.

doi: 10.21037/apm.2018.05.11

View this article at: http://dx.doi.org/10.21037/apm.2018.05.11

The process of change is never easy
Bidding farewell to the acute medical wards and
On to palliative care.

From the endless days of bloody battle
Crying, confused, complex
Fought tooth and nail for an answer
I was a panacea to all
And in their hope I despaired.

Then
Calm. Serenity. Peace.
The oasis of purple butterflies
And yet, in their despair I found hope
Tales of the golden age and blue skies

“Soft heart, soft medicine, soft brains”
Labels for those with a proclivity to such arts.
Whispered conversations in the corridors

But there is strength in an eagle’s wings
Gliding across the open sea
With merely the lightest structures guiding its path.

As the heavens created diversity among dogs
Gifting strength and speed to those so inclined
Let us embrace the goldens
Soft noses scenting the hope for the future

Acknowledgements

None.

Footnote

Conflicts of Interest: The author has no conflicts of interest to declare.

Cite this article as: Lim MS. Slowing down. Ann Palliat Med 2018;7(4):478. doi: 10.21037/apm.2018.05.11